

treatments

Choose one of our complimentary treatments or upgrade for 30% off one enhanced spa service.



Hand Treatments

Maintenance Manicure	Complimentary
File and Polish (colour or French)	£10 - £15
Luxury Manicure	£45
Shellac* (colour or French)	£20 - £25
* Available from April 2011	
Rejuvenating Hand Treatment	£30
Hot Stone Hand and Arm Treatment	£30
Add a polish to any hand or foot treatments (colour or French)	£10 - £15

Foot Treatments

Foot Maintenance	Complimentary
File and Polish (colour or French)	£10 - £15
Hot Stone Foot and Leg Treatment	£30
Thai Foot Massage	£30

Massages

Shoulder and Upper Back Treatment	Complimentary
Back Massage	£30
Scalp and Head Massage	£15

All of our back massages are performed through clothes on specially designed posture chairs to ensure you are fully supported and relaxed.

Facials

Maintenance Facial	Complimentary
Decongesting Stones Facial	£45
MD Moisture Burst Facial	£35
MD Intensive Moisture Drench Facial	£70

Make-up

The Perfect Base Make Up Application	Complimentary
The Make Under inc Base, Lips, Cheeks & Eyes	£15

Barbering

Safety Shave	Complimentary
Cut Throat Shave	£50

Essentials

Half Leg Wax	£20
Arm Wax	£15
Under Arm Wax	£10
Lip Wax	£7
Chin Wax	£7
Eyebrow Wax/Shape	£9



All complimentary treatments will incur a £15 charge if booked as an additional treatment. All massage treatments are available to those 16 years and above. All other treatments will be available to 12-16 years but must be accompanied by an adult. For further treatment details please refer to additional information pages.

spa

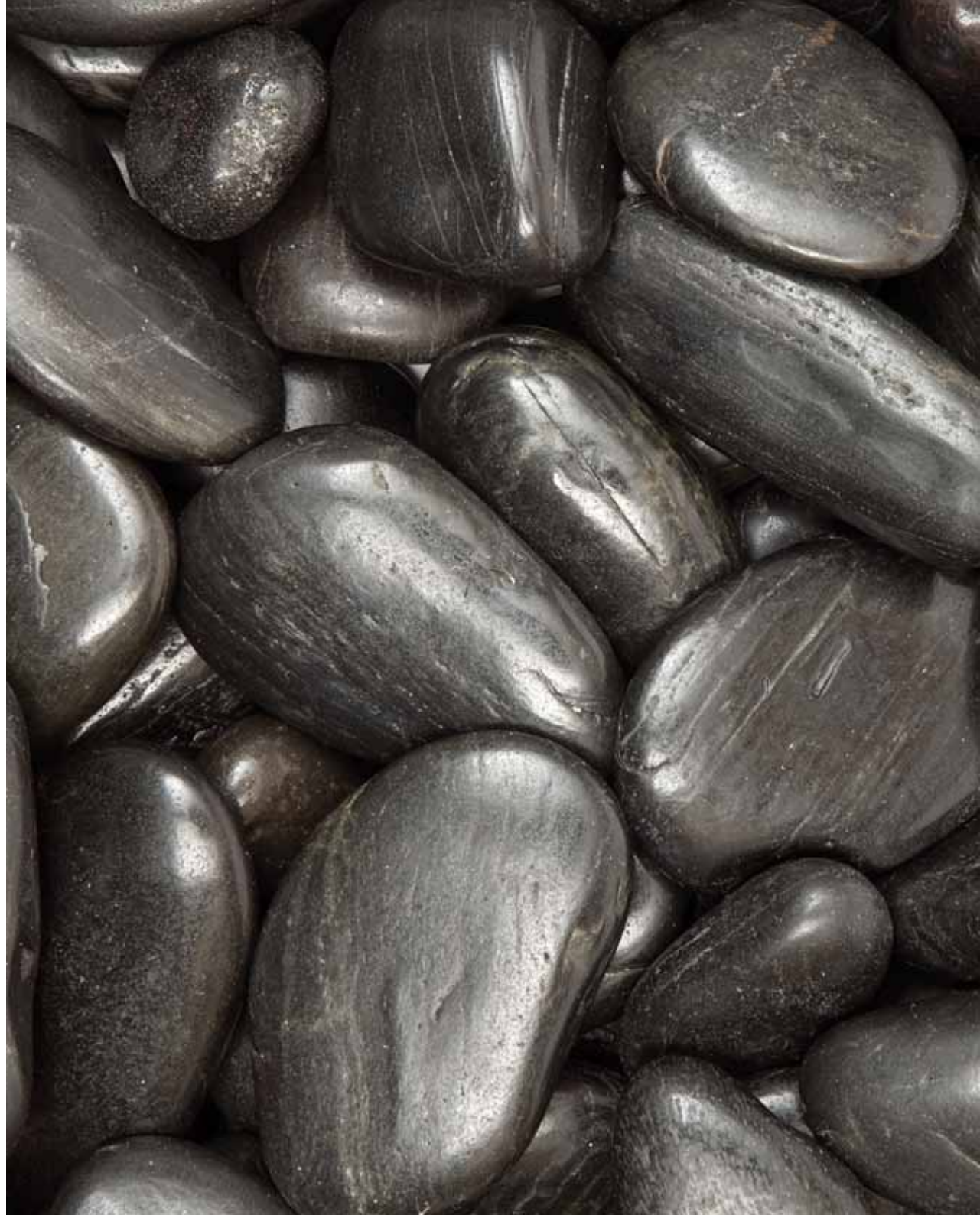
Here's how it works

You can choose to have one of our many luxurious complimentary treatments or you can upgrade to one of our specialised services. If you choose to upgrade to one of our specialised services we will ensure that you receive a **30% discount** on the advertised price. If you would like **additional** services these will be charged at the full advertised rate.

Treatments are not guaranteed and are booked on a first come first serve basis. Payment by credit or debit card only.

COWSHED

A Cowshed spa is the perfect place to relax, indulge and unwind. Whether you're in our original Cowshed at Babington House, or one of the Virgin Atlantic Clubhouses you'll find the same relaxed homegrown vibe that makes a visit to Cowshed so rejuvenating. Each of our bespoke treatments contains a unique signature infusion of herbs specially selected for their therapeutic benefits. Our outstanding treatments, combined with beautiful surroundings, make Cowshed spas the ideal place to pamper yourself and relieve any stresses before you fly.





hands & feet

Maintenance Manicure • 15 min

Revive those tired hands with a file, push back cuticles, nail buff and finished with an application of hand cream.

File and Polish • 15 min

Your choice of colour or French.

Luxury Manicure • 45 min

Consists of a file, cuticle work, exfoliation, hand massage finished with a hand mask and application of nail polish.

Shellac Nail Colour • 30 - 45 min

On Like Polish. Wears Like Gel. Shellac has a High Shine Mirror Finish. Zero Dry Time and Lasts for 14 days. Treatment includes a complimentary Maintenance Manicure and a Nail-Care-Carry-Off-Pack.

Rejuvenating Hand Treatment • 30 min

The ultimate treatment for neglected hands & tense shoulders. An exfoliation will brighten up your hands followed by a hydrating hand mask, to give a smoother appearance. Whilst the mask is on your therapists will relax those tight shoulders with a soothing massage. A hand and arm massage will complete this indulgent treat.

Thai Foot Massage • 30 min

This is a great dual treatment, not only will the soothing massage and invigorating stretching techniques release tension on tired, aching feet but your whole body will feel rebalanced by the gentle application of traditional Thai wooden massage sticks to specific pressure points on your feet.

Hot Stones

Massaging with Hot Basalt Stones allows the therapists to work deeper into the muscles releasing and relaxing areas of tension, whilst calming and unwinding the mind. Basalt stones are made from volcanic rock and after heating will retain the warmth for the length of the hand or foot massage.

Hot Stone Hand and Arm Treatment • 30 min

A soothing massage for the hands & arm with an exfoliation followed by a massage using the hot stones and finishing with either a nail buff or cuticle oil applications.

Hot Stone Foot and Leg • 30 min

This treatment comprises of a hot foot compress, body brushing on the legs and feet followed by a foot massage using hot stones.

Foot Maintenance • 15 min

A treat for the feet. File, cuticle work and an application of foot cream.

File and Polish Treatment • 15 min

Your choice of colour or French.



hands &
feet



massages

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Back Massages

All of our back massages are performed through clothes on specially designed posture chairs to ensure you are fully supported and relaxed.

Upper Back, Shoulder and Neck Massage • 15 min

Using a combination of specially designed wheat compresses to warm up the muscle followed by traditional massage techniques to further relax those tense muscles.

Back Massage • 30 min

This is a great massage for those wanting a thorough, deeper and specific massage tailored to your needs, working on the neck, shoulders and lower back. Your therapist will target those key tension zones leaving you feeling de-stressed and calm for your long (yet luxurious) journey ahead.

Scalp and Head Massage • 15 min

If you suffer from tension headaches, try this soothing head and scalp massage. You will fly away feeling calmer, clearer and revitalised.



massages

facials

Here at Virgin Atlantic we love companies who offer that little bit of extra luxury. That is why we've teamed up with Cowshed & Md Formulations to bring you a range of unique treatments designed to ensure you start your journey relaxed and revitalised.

COWSHED

Maintenance Facial • 15 min

A great pick me up for your skin. Cleanse, tone, exfoliation and moisturise.

Decongesting Stones Facial • 45 min

This refreshing facial helps to stimulate the nervous system and increase lymphatic drainage in the facial area. The cooling stones penetrate deep into the muscles, soothing areas of congestion, releasing sinus pressure, brightening the skin and reducing the appearance of tired puffy eyes.

Make-up Application using Bare Minerals make-up

Bare minerals looks like a powder, feels like a cream and buffs on like silk giving skin a natural luminosity. Free of preservatives, talc, oil, fragrance and other harmful chemicals bare minerals provides impeccable coverage for every skin type, skin tone and concern yet it doesn't feel like you're wearing any make up at all.

The Perfect Base • 15 min

This treatment includes a colour match from a selection of bare minerals foundations, an application of both bronzer and Mineral Veil to contour and give a long lasting finish to your make up.

The Make Under inc Base, Lips, Cheeks and Eyes • 30 min

Everything you need to know about how to use bare minerals make up! This treatment will show you how to apply the perfect base, with eyeshadows, lip glosses and cheek colours complementing your natural skin tone.

MD Formulations

Since 1993 MD formulations has been the leading cosmeceutical brand for skin care, science and innovation.

MD formulations has been at the forefront of converging science for the main skin types oily, dry, combination and sensitive as well as more problematic conditions such as hyper pigmentation, acne, sun damage and premature ageing.

These Facial Treatments have been designed exclusively for our Clubhouse customers to ensure that your skin is equipped for your long haul flight and beyond. Protecting, clearing, brightening, nourishing and hydrating.

If you want to see fast amazing results that will reduce the appearance of fine lines for up to 3 days, hydrate the skin by up to 700% and brighten the complexion these facials are designed for you.

MD Moisture Burst Facial • 30 min

An instant brightening and burst of moisture with a double cleanse, exfoliation, a hot moisture infused compress, with a deep moisture defense mask and hydrating creams with protectors to finish.

MD Intensive Moisture Drench Facial • 60 min

An intensive skin hydrating and nourishing facial, with a double cleanse, exfoliation, moisture infused hot compress, facial massage, followed by an age lift off mask, hydrating creams and a protector are applied to lock in the added moisture.

Ask your therapist about the Moisture Defence Antioxidant spray which is a perfect cabin mate.



facials



barbering

In times past it would be unusual for a man to shave himself: most men would attend the local penny barber once or twice a week while a gentleman would be shaved by his servant.

If you are looking for the finest in men's grooming, we are confident you will find Truefitt & Hill's unmatched product quality and prestigious tradition extremely compelling. For over two centuries, Truefitt & Hill have provided discerning gentlemen with only the finest in grooming products and service.

Traditional Safety Shave • 30 min

Cleanse, exfoliate and shave.

Luxury Cut Throat Shave • 60 min

Using specially made open razors with a new blade for each shave, hygiene & comfort are assured. You will be cleansed, exfoliated, wrapped in an oil infused hot towel whilst your therapist indulges you in a relaxing hand or shoulder massage, followed by an application of pre shave oil, face mask, and a head massage for the ultimate grooming experience.

Truefitt & Hill Products

	VAA PRICE	RRP
Ultimate Comfort Pre - Shave Oil 56g	£14.03	£16.50
✂ Ultimate Comfort Shave Cream Travel Tube 100ml	£10.20	£12.00
✂ Ultimate Comfort Aftershave Balm Travel Tube 100ml	£17.85	£21.00
Skin Control Invigorating Bath & Shower Scrub 365ml	£12.75	£15.00
✂ Skin Control Facial Cleanser 100ml	£12.75	£15.00
✂ Skin Control Advanced Facial Moisturizer 100ml	£22.10	£26.00



barbering



cowshed



spa products

	VAA Price	RRP
Facial Cleanser	£21.25	£25.00
Facial Cleanser Sensitive Skin	£21.25	£25.00
Facial Cleanser Gel, Oily and Very Oily Skin	£21.25	£25.00
Continuos renewal Complex	£26.35	£31.00
Continuos renewal Serum	£34.85	£41.00
Vit - A Plus Anti Aging Serum	£39.95	£47.00
Vit - A Plus Anti Aging Eye Complex	£39.95	£47.00
Vit - A Plus Firming Treatment Masque	£21.25	£25.00
Vit - A Plus Illuminating Masque	£24.65	£29.00
Glycare Skin Perfection Gel	£18.70	£22.00
✂ Daily Peel Pads	£31.45	£37.00
THE TEMPS Brighten and Tighten Eye Serum	£23.80	£28.00
✂ THE TEMPS Wrinkle Filler and Deep Cross Relaxer	£23.80	£28.00
THE TEMPS Oil control Pore Refiner	£23.80	£28.00
✂ THE TEMPS Lip Plumper	£23.80	£28.00
Moisture Defense Antioxidant Lotion	£39.95	£47.00
✂ Moisture Defense Antioxidant Spray	£26.35	£31.00
Moisture Defense Antioxidant Treatment Masque	£21.25	£25.00
Moisture Defense Antioxidant Crème	£42.50	£50.00
Moisture Defense Antioxidant Eye Crème	£34.85	£41.00
Moisture Defense Antioxidant Moisturizer SPF20	£30.60	£36.00
Total Protector 15	£12.75	£15.00
Total Protector 30	£13.60	£16.00
Total Protector Colour 30 Light Tint	£16.15	£19.00
Total Protector Colour 30 Medium Tint	£16.15	£19.00
Face and Body Scrub	£23.80	£28.00
✂ Lip Balm SPF 20	£8.50	£10.00
✂ My Personal Peel System	£30.60	£36.00
✂ Adult Anti Blemish Skin Solution Kit	£30.60	£36.00
✂ Anti - Aging Skin Solution Kit	£34.85	£41.00
✂ Illuminating Solution Kit	£30.60	£36.00
✂ Sensitive Anti Wrinkle Skin Solution Kit	£30.60	£36.00

bare minerals

Bare Minerals have made it their mission to include only the finest natural ingredients in their products. Using pure minerals direct from the earth and high percentage of botanic essences they've developed formulas that help soothe and protect as well as making you look fabulous.

	VAA Price	RRP
Foundations		
Foundation	£19.55	£23.00
Foundation Matte	£21.25	£25.00
✂ Tinted Mineral Veil	£17.00	£20.00
✂ Mineral Veil	£17.00	£20.00
All Over Face Colour & Blush	£16.15	£19.00
Bisque and multi Taskers	£16.15	£19.00
Eyes and Brows		
Brow Colour	£9.35	£11.00
Eye Colour	£11.90	£14.00
Mascara	£13.60	£16.00
Lips		
Natural Lipcolour	£11.90	£14.00
Natural Lipgloss	£11.90	£14.00
Natural Lipliner	£9.35	£11.00
Buxom Lips	£15.30	£18.00
Kits		
Get Started Kits	£40.80	£48.00
Get Started Kits Eye Cheeks and Lips	£35.70	£42.00
Tutorial Kits	£25.50	£30.00
Perfect Lip Kits	£23.80	£28.00
Prep and Tools		
✂ Prime Time Foundation Primer	£16.15	£19.00
✂ Take Off Face Wipes	£7.65	£9.00
Brushes		
Full Coverage Kabuki	£20.40	£24.00
Flawless Application Brush	£16.15	£19.00
Maximum Coverage Concealer	£11.90	£14.00
Wet/Dry Shadow	£11.05	£13.00
Covered Lip	£10.20	£12.00
Double - End Precision	£20.40	£24.00
Double - End Shaping	£20.40	£24.00
Full Flawless Face	£20.40	£24.00
Precision Eyeliner	£8.50	£10.00
Contour Shadow	£10.20	£12.00

✂ Perfect travel companion



spa
products

